

A bridge between those who need and those who give

Sponsored by the City of Woodburn



## SCORE Counselors to America's Small Business

The SCORE association is an independent national 501(c)3 non-profit association. It is dedicated to education for the entrepreneur as well as established businesses. SCORE members are trained to serve as counselors, advisors, and mentors to aspiring entrepreneurs and current business owners. SCORE counselors value business privacy and all counseling is confidential. These services are offered free as a community service. SCORE is a resource partner with the US Small Business Administration. The Salem Chapter 460 of SCORE has over 20 volunteer members and they serve the chapter in various ways as counselors, workshop presenters, public speakers, and in administrative support. The volunteers have experience in owning a business, or managing a business, or professional careers in many fields. The key qualifications SCORE volunteers bring to the table is real-world experience. Our volunteers today may be still employed or have retired. Both are dedicating a significant amount of energy and time in assisting small businesses with their expertise and experience. All members are volunteers and only get reimbursed for direct expenses related to SCORE activities.

SCORE offers their skill and expertise to all business clients. Counseling is arranged by the counselor with the business client at a mutually convenient time and location. Workshops are scheduled during the year on various business topics and presented at various locations.

Refer to National SCORE Association web site at [www.SCORE.org](http://www.SCORE.org) and local Salem SCORE Chapter 460 web site at [www.Salem.scorechapter.org](http://www.Salem.scorechapter.org) for complete information.



### Inside this issue:

Active Adults	1
Sue Speaks	2
Please Help	2
What's Happening	4

## News from North Marion Adult Center

**Computer User Group** meets the 1st Tuesday of every month at 6:30pm. **Mah Jong** every Tuesday 1pm-4pm. **AARP Driver Safety Class** May 9th & 10th 1:00 pm—5:00 pm. There is a Senior Health Insurance Benefits Advisor (**SHIBA**) in Woodburn, trained to help people with insurance issues. Call Barbara Campbell at (503) 981-3109 for an appointment.

Please call Beverlee Koutny at 503-981-3613 in the afternoon, Monday through Friday, if you have questions.

*RSVP is a division of the National Senior Corp under the auspices of the Corporation for National and Community Service.*





## Sue Speaks Her Mind

It is getting to be that time of the year...*Music in the Park* is just around the corner. This very popular event happens every summer, July and August, at Library Park. Professional bands perform a variety of musical styles, from Big Band to Rock to Blue Grass. A typical Tuesday evening concert will have an attendance of 300 to 650 people! *Music in the Park* is supported entirely by its sponsors. Sponsorships offer businesses and community members the opportunity to bring these much-loved community events to life. The businesses in the community have been very generous in their sponsorships. Last year the *Friends of the Library* received more support from the audience than they ever had in the past, enough to sponsor a band! If you would like to help the *Friends* with a contribution to the 2011 summer concert series, please contact either Sandy Kinney or John Hunter at the Woodburn Public Library.

This year the Downtown Market, which was in the Plaza last summer, will most likely operate on 1st street, along Library Park. Again they will feature local produce and crafts. See you in the Park this summer!



## Please Help ...

**Volunteers needed: Meals-on-Wheels** Is in need of drivers! The program has grown and will have a new route. Meals are home delivered, Monday-Friday. **Dial-a-Ride** is always in need of drivers. Volunteers use their own car to transport clients to medical appointments. Mileage reimbursement is provided. **Woodburn Visitor's Center** at the Company Stores, 3 hour shifts, Sunday-Saturday. Meet new and interesting people from all over the world. Don't forget the **North Marion Adult Center**. If you have a talent and want to share it with others, let Beverlee know. RSVP office at 503-982-5255 for more information.

***The best way to get people to think outside the box is not to create the box in the first place..***

Martin Cooper



## Volunteer Hour Report

By completing & returning this hours reporting form, you allow RSVP to be in place to help other volunteers find their niche. If you volunteer at an actual site, there is probably a timesheet. Be sure to record your hours. If there isn't a timesheet, please use this form & return it to the RSVP office by the 10th of each month. You may also email your hours to: [rsvp.woodburn@ci.woodburn.or.us](mailto:rsvp.woodburn@ci.woodburn.or.us)

Your Name: \_\_\_\_\_

Telephone: \_\_\_\_\_ Location: \_\_\_\_\_

Total Hours: \_\_\_\_\_ Month: \_\_\_\_\_ 2011

Project : \_\_\_\_\_ Supervisor's initials \_\_\_\_\_



## Community Information and Education Page

**BINGO, BINGO! Tuesday** at the Woodburn Grange Hall. Sponsored by WAASP, benefits Senior programs in the community. Doors open at 12 noon, games start at 12:30. **BINGO at Cascade Park** the 4th Friday of the month. 2pm to 3pm. Door Prizes and cash to Bingo's.



**NORTH MARION ADULT CENTER** offers a **FOOT CLINIC first Wednesday** of the month 11am-4pm \$20. Call for appointment, 503-982-4531. **CASCADE PARK FOOT CLINIC** is offered the **last Tuesday & Thursday of the month**. 9am to 12 noon. \$20. Call 503-981-0033.

**AARP Driver Safety Program** is now located at **North Marion Adult Center**, at the 1st Presbyterian Church 950 N Boones Ferry Rd. Woodburn. Classes will be held **May 9th & 10th 1:00am-5:00 pm** both days. Must call 503-981-3613 to register.

**LIBRARY BOOK CLUB** Meets the second Thursday of every month at noon. You read the selected book on your own time. On the book club date, come to the library ready to talk about the characters, story, themes, and more. See you **May 12th**, for **Shanghai Girls** by Lisa See. Two Chinese sisters in the 1930s are sold as wives to men from California, and leave their war-torn country to join them.



### News From Salemtowne

**CENTER 50+ SALEM SENIOR CENTER** 2615 Portland Rd. NE, Salem 503-588-6303.

**Monday Afternoon Dance** Every Monday from 1-3pm. Get your dancing shoes on and join the fun, with live music. No dance if holiday falls on a Monday.



**AMONG FRIENDS** Adult Day Respite Program. Are you caring for a family member or friend with Alzheimer's Disease or related dementia? Who's taking care of you? *Among Friends* Respite Program is now available for you. Take a break on Tuesdays, Wednesdays, and/or Fridays and do something for yourself. Respite care is temporary, short-term care for an individual with special needs. For information, contact Evelyn Ostermann, Respite Coordinator, at Center 50+ 503-588-6303.

**AQUATIC CENTER:** Check the new **OUT & ABOUT** coming 2nd week in May for the new admission fees. You can also find information about the Aquatic Center on the web at [www.woodburnaquatics.org](http://www.woodburnaquatics.org)

**LAP SWIM:** Monday-Friday 5:30am-7pm

Saturday & Sunday 12-4pm

**ARTHRITIS AQUATIC CLASS** Tues & Thurs 9:30-10:15 am

**DEEP WATER FITNESS** Mon & Weds & Fri 8-9 am

**SENIOR/THERAPY SWIM** Mon-Friday 5:30am-2pm

**WATER WELLNESS** M/W/F 9:15-10:15am Tue/Thu 8-9am Also Mon-Thu 6-6:55 pm



Support the local **AWARE** food bank. Non-perishable food and monetary donations accepted. Drop-boxes at City Hall, Library and Senior Estates or at **AWARE**, 680 N. 1st Mailing address PO Box 551 Woodburn, OR 97071.



**KEIZER/SALEM AREA SENIORS CENTER**  
930 Plymouth Dr. Keizer 503-390-7441

**PANCAKE Breakfast** Saturday May 7th, 8am. All you can eat for \$3.50 **MONDAY** Breakfast 8-10 am. We have a menu. **Dance** Every Friday 9 am and Every Sat night at 7pm. **Foot Clinic:** Thur. April 14th & 28th by appt. 503-390-7441. **AARP Driving Class** May 3rd & 5th 12 noon-4pm. Call to register 503-390-7441. **May 6th DANCE** Celebrate Cinco de Mayo, starts at 9am. **HAWAIIAN LUAU** May 15th 1-4pm \$12/\$15 at the door. Hawaiian menu, Hula performance, door prizes. **May 30th** Potluck & Dance, 9am. Many activities during the week, call center for details 503-390-7441.

**SOUTH SALEM SENIORS** 6450 Fairway Salem 503-588-0748

Daily lunch program by Northwest Senior & Disability Services. **Lunch** served at 11:30am, Monday-Friday. All seniors 60 years and older. Suggested donation of \$3.00. Volunteers always needed. **Foot Clinic**, every Friday, 9am appt needed \$20. **Pancake Breakfast** Sat. May 21st \$4.00 **BINGO** every Friday 1:00pm





Community Services  
Woodburn City Hall  
270 Montgomery Street  
Woodburn, OR 97071

Phone: 503-982-5255  
Fax: 503-980-2448  
Email:  
rsvp.woodburn@ci.woodburn.or.us



RSVP Project Director: Susan Fofana-Dura

**A bridge between those who need and those who give.**

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We're on the web!

[www.woodburn-or.gov/parks](http://www.woodburn-or.gov/parks)

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## WHAT'S HAPPENING

**Out & About** is your guide for fall activities. Look for an exciting list of trips for active adults. **All trips leave from Settlementier Park parking lot.** Register for trips at the Aquatic Center or call 503-981-7946.

**Cascade Baking Company—Salem** A locally owned community bakery offers a variety of lunch specialties including sandwiches, soups, pastries, and more. Also enjoy a walk round downtown Salem during the first Wednesday event with live entertainment and art displays to explore, all within walking distance. **Wednesday, June 1st.**

\$15. includes transportation, lunch is on your own.



**Who's on Third Sunday May 15th** concert will finish off the 5th season of Who's On Third? Featured for this final concert will be the **Conchords Chorale**. This group of approx 50 singers always bring us an entertaining show that is a mix of great vocal music and dramatic presentation. Many famous persons will make an "appearance" including Liz Taylor and Eddie Albert; along with many others. The concert is at the Woodburn UMC at 700 N. Cascade Dr. and is from 3-4:30pm. There will be refreshments and a freewill offering. This is the last concert of the Who's on Third series.



### RSVP

Woodburn City Hall  
270 Montgomery Street  
Woodburn, OR 97071

**Bulk Rate**  
**U.S. Postage**  
**PAID**  
**Woodburn, Oregon**  
**97071**  
**Permit No. 161**

Marion County Retired & Senior Volunteer Program  
Sponsored by the City of Woodburn

